

# How To Practice

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## AIR (tone)

- establish sound
  - Warm air
  - long low tones
  - tone matching
  - range
- fat, low note/ mp/ variety of attacks/ round
  - should produce condensation
  - held 6-10 seconds minimum
  - lower range should = upper range in tone colour
  - extend lowest and highest notes keeping good tone

## FINGERS (technique)

- scales
  - exercises
  - Studies
  - articulation
- begin with flats, then go to sharps, then go to chromatics
  - method book lines, technique books, and drills
  - melodic technique exercises
  - slurs / tongues/ attacks

## MUSIC (pieces)

- isolate trouble spots
  - work back to front
  - reverse rhythms
  - learn new music
  - play through (phrasing)
  - sight read every time errors
- identify in rehearsal or class
  - last bar, last 2, 4, and last 4 bars, etc...
  - dotted 8th - 16th to 16th -dotted 8th to straight 8ths, etc
  - practice new songs slowly/ identify trouble spots
  - play music you know well and make it "say" something
  - play something new without stopping regardless of

## FUN (explore)

- closed eyed improv
  - play along to Cds
  - steal some licks
  - play incredibly loud matter
- just imagine the music and try to let it out
  - work on playing the melodies
  - try to mimic solos and players
  - be wild/ increase tonal capacity / tone doesn't

No one has ever become great just by wishing it.

If you don't want to get better, why pick up the horn?

Playing a few notes then playing through your folder is NOT practicing.  
5 minutes is better than none and 5 ten min sessions is better than an hour.

Always have something ready to play to show off!

# Practice Log

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date	Time practiced	Description of practice	Witness initials
Sept 5th	10 min	Warm up of slurs and Bb concert scale. Long tones (needs more practice), Etude #12, Sight reading - Flintstones theme, Hard part in Lord of the Rings (bar 2-5) good progress made	<i>DJK</i>